



Magnuson Community Center Nature Programs
NATURE ADVENTURES FOR TOTS
"ABC" Day



Roots, Stems Leaves, Flowers, Fruits, and Seeds

© Banana Slug String Band

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"Plant Dance"

Start by crouching in a ball like a little seed

Roots = put one foot out

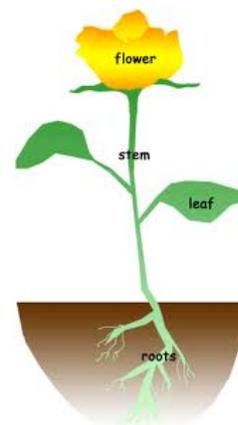
Stems = put both arms together and raise them up like a sprout

Leaves = put hands out like 2 leaves

Flowers = put in a circle over your head like a big flower

Fruits = put arms in a circle in front of your tummy like a big pumpkin

Seeds = crouch back down into a seed!



Growing your very own Herbie the Bean Seed!

1. Grow Herbie inside its little pot in a sunny windowsill or outside in a sunny and protected spot.
2. Check the soil every day with your finger. If it is dry, give the roots just enough water to wet the soil but not get too soggy.
3. Check to see when Herbie's first root appears, and then check again to see how big it gets before Herbie's first stem and leaves appear!
4. Keep checking how big the roots are getting, and when you see them "peeking" out the bottom holes of the pot, it's time to plant the bean in a sunny spot in your garden! Give your bean a pole to climb on, because it will grow fast and tall.
5. When your bean blooms white flowers, watch to see if bees visit for some sweet nectar!
6. After the flowers wilt, check to see when your bean begins to grow long green pods. When the pods are as long as your finger, "hold and pick" them off the vine and steam them for lunch or dinner - yum!
7. Let some of the pods dry on the vine until they turn brown and dry, and then harvest the. Inside, you will find your very own Herbies for next year's garden!