

## Garden Songs with Motions

**The Worm Song:** (sung to the tune of I'm a Little Teapot)

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I'm a little red worm, tickly and wet. (Wiggle fingers)

I have ten hearts but only one head. (Spread all 10 fingers out, then only 1)

I love to eat banana peels and apple cores, (Rub stomach in circle)

I sleep in a pile of leaves, but I don't snore! (Hands together with head tilted to sleep, then wag one finger)

**Sun, Soil, Water, & Air** ©Banana Slug String Band

Sun, soil, water and air (Sun, soil, water and air) REPEAT

Everything you eat (Everything you eat)

Everything you wear (Everything you wear)

Everything comes from (Everything comes from) REPEAT

Sun, soil, water and air (Sun, soil, water and air) REPEAT

**Roots, Stems, Leaves, Flowers, Fruits, and Seeds**

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Roots (Crouch into a "seed ball" and put one foot out for sprouting root)

Stems (Begin rising with arms together to form a stem)

Leaves (Spread arms and hands out, finish standing tall)

Flowers (Arms form a circle above head)

Fruits (Arm circle moves down in front of belly for big fruit)

and Seeds (back into "seed ball")

REPEAT 4 X

There's 6 parts, 6 parts, 6 plant parts that plants and people need!

**Head, Thorax, Abdomen** (any sequence of 3 notes (1 note for each word) will work)

Head (kids put hands on head)

Thorax (put hands on chest)

Abdomen (put hands on belly and sing real low with gusto)

See if kids can invent a rap song to go along with the chorus! Here's an example:

You know I've got a head just like you, but you have 2 antennae too! You have a thorax and I have a chest, but I don't know which one works the best! We both have an abdomen but yours is so small, how can breakfast, lunch, and dinner fit in there at all? I've got 2 legs and you have 6, how can you walk with six legs and not get them all mixed up? Well you and I, we're a lot alike, but I still won't let you ride my bike!